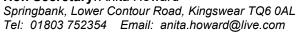


Kingswear Rowing Club

Established 2002 www.kingswearrc.co.uk

Chair: Steve Ainsworth Hon Secretary: Anita Howard





Membership Application 2020 - 21

Name:								Sex:	M / F*
Address:									
Postcode:				Ema	l:				
Home Phon	e:			Mobi	le Phone				
Swimmer:	Yes / No*								
laid down in regarding Ro I have signo entirely at n	nembership of n the Members owing Club saf ed the Declara ny own risk an any Club equip	Charte ety mat ition of d I acc	er and S tters fror Health ept the t	afety C n the Cl and I a erms of	ode. I ag ub websi gree to u the disc	gree to te or no use the laimer.	keep mys tice board Club's Bo	elf upda l. oats and	ted regularly Ergometers
	Annual Su	bscri	ption	Please ti	ck appropri	iate fee a	and member	ship type	
Adult		£60		Adul	t paid be	efore 1s	st April 20	20 £50	
Social	member	£10		Wint	er memb	oer (afte	r 1st Oct 201	19) £30	
	<i>(age 17 to 21 on</i> or legal guardian					/ .	/	£20	
l encl	ose my memb	ership	fee of	£					
on the Club	l to consent to website. Your tails are share	details	will not b	e share	d with ou	ıtside p	arties, but	consent	
						ı	nitial		
Payme	nt by BACS to	KRC ba	ank acco	unt A/	no 3302	22976	Sort code	52-30-2	0
Or che Comp	ng by BACS plea que- Cheques sh pleted forms fo ddress above o	ould be n or both	nade payab methods	le to King of pay	swear Rowii ment can	ng Club ai be sen	nd returned w	ith the com	pleted form.
Sign	ed:						Date: .		
For insurance	e: purposes, the s	separate	Declarat	ion of H	Con	tact Nui eaf <u>MUS</u>	mber: T be comp	leted fully	and signed

Kingswear Rowing Club - Summary of Safety Code

- 1. Club members should be aware of the correct procedures for contacting the emergency services including the Coastguard and should be aware of the nearest telephone and first aid equipment to the mooring.
- 2. The limit of operation of the Club for insurance purposes is the River Dart. No boat may be taken beyond a straight line drawn between Kingswear and Dartmouth Castles unless manned by an experienced crew and cox.
- 3. Crews must never row without a suitably experienced, Rowing Club approved, coxswain.
- 4. In failing light or dangerous conditions, the coxswain will return the boat to its mooring.
- 5. The safe stowage and correct use of safety equipment is the responsibility of all crew members at all times.
- 6. All damage or losses must be immediately reported to the Bosun or Chairman.
- 7. Personal lifejackets must be used by non-swimmers, crew members under 16 and the coxswain if the crew contains one or more members under 16.
- 8. Coxswains must be fully aware of the International Rules for the Prevention of Collision at Sea and have a thorough understanding of any local bylaws, which might apply. Together with the Rowers, the Coxswain is specifically responsible for ensuring all bylaws and club rules are adhered to.

DECLARATION OF HEALTH

		Please delete as applicable
1.	Are you recovering from serious illness or surgery?	YES / NO
2.	Are you currently taking any prescribed medication?	YES / NO
3.	Have you ever had a diagnosed heart or high blood pressure condition	n? YES / NO
4.	Do you suffer from any lung condition such as asthma or bronchitis?	YES / NO
5.	Do you have or have you ever had a diagnosed orthopaedic condition severe back or joint pains?	YES / NO
6.	Are there any reasons why you should not take part in rowing or could rowing have a negative effect on your health?	YES / NO

The Health & Fitness Profile above does not in any way substitute for a medical examination. If the answer is YES to any of these questions *you must consult your doctor and seek medical approval before taking part in any rowing activities.*

FORMAL DECLARATION

I declare that to the best of my knowledge, I know of no reason why I should not participate in
Rowing and its associated activities. I take part in any Rowing activity entirely at my own risk and
waive any right of legal recourse for damages to myself or my property arising from my
participation.

S igned :		Date:
	Contac	